

Welcome to AP Psychology. With an AP level course, you are expected to complete a lot of work/reading outside of school; no better time to start than over the summer! These assignments are mandatory and failure to do them will affect your first quarter grade greatly.

\*Also take this assignment as an opportunity to show me you can follow specific directions. Points will be lost for not following them. If you have any questions e-mail me!

### **Assignment 1- “Allow Me To Introduce Myself”**

This assignment is designed for me to get to you know you prior to the school year beginning. You are to use well written, complete sentences, do not abbreviate words, (i.e. language you would use on text messages, the hallway, etc. This is a professional communication similar to what you would use with a college professor or employer.

\* In the letter you should answer the questions below but are not limited to them!

- What are your hobbies? What do you like to do for fun?
- What extracurricular activities are you involved in or planning to be involved in?
- Do you have a job? What is it? Do you like it? Is this something you would like to continue as a career?
- What are your goals/plans post-high school?
- Why are you taking AP Psychology? What are you looking forward to in this class? What areas of psychology interest you?
- Are you enrolled in other AP courses? Have you taken other AP courses throughout your high school career?
- How will you manage your time throughout this upcoming school year?
- What else should I know about you so that I have insight into you as a person before the next school year begins.

\*Send the letter to Mr. Hostetter’s school e-mail by **August 23rd**.

Notice that this particular assignment (AND ONLY THIS ASSIGNMENT) is due before the start of the school year. Plan accordingly. There is no specific length requirement, but keep in mind, this is your first opportunity to leave a good impression on the kind of student you are.

### **Assignment #2 – Psychological Perspectives**

There are seven main perspectives, or ways of looking at psychology. You can think of these perspectives as different “lenses” you can wear to study psychology. It is very important that you understand these perspectives, as we will refer to them all year. To get a jump start on these perspectives, you will need to complete a **one page** (minimum) outline for each. This means seven total pages. The basic structure for each outline should be as follows:

- Name of Perspective
  1. Focus of the perspective (basic beliefs, assumptions, etc.)
    - Minimum of five points
  2. Famous Psychologist(s) who prescribed to this perspective
    - Life span
    - Summary of specific research/findings from this psychologist

Each outline must be hand written and on a separate piece of paper. Outlines do not need to be complete sentences. The seven perspectives you will be learning about are **Biological, Evolutionary, Psychodynamic/Psychoanalytic, Behavioral, Cognitive, Humanistic, and Socio-Cultural**

There are plenty of online resources that summarize these perspectives. GIVE CREDIT WHERE CREDIT IS DUE! UNCITED INFORMATION WILL NOT BE SCORED! Just a **FULL** url will suffice for this assignment...I do not need official MLA/APA format.

This assignment is due on the first day of school.

### **Assignment #3 – 50 Great Myths of Popular Psychology**

Many people often think they know more about psychology than they really do. There are many false beliefs within “pop-psychology.” For this assignment, you will be reading the book *50 Great Myths of Popular Psychology*. From the 50, pick out 7 myths that stood out to you or surprised you the most. Provide a two paragraph reflection for each of the 7 you select. Some things to include within the two paragraphs include a summary of the myth, why this myth surprised you, why many people think this myth is true, whether you still would argue the myth as truth.

You may choose to purchase the book but a free online version is provided below: I know a few of the lines get cut off at the bottom of pages, but this should not interfere with your ability to complete the assignment.

<https://emilkirkegaard.dk/en/wp-content/uploads/50-Great-Myths-of-Popular-Psychology.pdf>

This may be hand-written or typed.

This assignment is due the first day of school

### **Assignment #4 – Study**

Within the first two days of school expect a quiz on the seven perspectives of psychology. Give yourself enough time to study the perspectives after completing the actual assignment.

**You have all summer to complete these, so don't come in with excuses.**